

# Story of Mount Abu

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**Lord Indira requested Lord Brahma to spare the Cow Kamadhenu**

Several stories are in Puranas, each supported by some legend or the other. Mount Abu easily reachable from New Delhi, Agra and Jodhpur has some interesting folk story behind it.

Lord Brahma possessed several Cows in his Kingdom; one Cow amongst them was as divinely and powerful as Cow Kamadhenu was in all respects. Brahma thought the presence of the divine Cow prevented evils entering into his kingdom. When Lord Indira learnt about it, he was jealous. Therefore he went to Brahma and requested him to spare the Cow to his Kingdom. Brahma refused to spare it.

An infuriated Indira one day quietly kidnapped the holy Cow in the absence of Brahma and hid it in his place. When Brahma came to know about it, he went to Indira Lok to bring it back if necessary by force. Sensing the

move of Brahma, Lord Indira cut the portion of Himalayan Mountain with the Cow and moved it to a region in Gujarat. With the holy Cow's presence there, the portion of the mountain, which looked like the head of a Cow, became a place of tranquility. Since tranquility depended on the presence of the Holy Cow, the mountain became 'Mountain Abut', (meaning in English 'lean on' or interdependent) and with passage of time came to be called as Abu.

As per another story, once Saint Vashishta performed a Yagna near the Himalayas. During the Yagna, the holy Cow Kamadhenu slipped and fell into the Himalayan valley below and could not climb up. Saint Vashishta prayed to Goddess Saraswathy to save the holy Cow. She therefore requested the rain God to continue raining in that valley to fill with water to the level of mount Abu so that the Cow can float and come up. In the meanwhile one of the snake sons of Himalaya King, namely ARBUT stretched its tail till it reached Cow Kamadhenu to enable it hold the tail. When the Cow Held the tail of Snake Arbut, it pulled it up easily along with the raising water. Thus the place became Mount Abu honoring the snake Arbut.

*End note: The story is from the folk stories heard. Photos gathered from different sources. In case some one gets further information I shall be glad and thankful if they mail the content to [nrj1945@gmail.com](mailto:nrj1945@gmail.com) to update the article in future.*